



Neurish - Medical & Clinical Disclaimer

Last updated: June 2026

This Medical & Clinical Disclaimer explains the limits of the support provided through the Neurish platform. ExploreBuddy Ltd (trading as Neurish) is a Scotland- based company operating across the United Kingdom. Neurish is designed as a community and connection platform for neurodivergent adults and parents. It is not a clinical, therapeutic, or medical service.

By using Neurish, you agree to the terms of this Disclaimer.

1. Purpose of Neurish1. Purpose of Neurish

Neurish provides:

- Interest- based matching
- Peer connection
- Group spaces
- Community- driven support
- A psychologically safe, neurodiversity- affirming environment

Neurish does not provide:

- Clinical assessment
- Diagnosis
- Treatment
- Therapy
- Crisis intervention
- Medical advice

Nothing on Neurish should be interpreted as professional clinical guidance.

2. No medical or therapeutic relationship

Using Neurish does not create:

- A clinician-client relationship
- A therapeutic relationship
- A duty of care
- Any form of professional healthcare relationship

Neurish is a peer- connection platform only.

3. No medical advice

Content on Neurish - including posts, messages, group discussions, or resources - is not medical advice. This includes:



- Mental health advice
- Diagnostic suggestions
- Treatment recommendations
- Medication guidance
- Crisis guidance

Users must not rely on Neurish for decisions about their health or wellbeing.

4. Seek professional support when needed

If you have concerns about your mental or physical health, you should contact:

- Your GP
- NHS 24 (111 in Scotland)
- A qualified mental health professional
- Emergency services (999) in urgent situations

Neurish cannot assess, diagnose, or treat any condition.

5. Crisis and risk situations

Neurish is not a crisis service.

If you or someone else is at immediate risk, call 999.

Neurish:

- Does not monitor content in real time
- Cannot guarantee moderator availability
- Cannot respond to crisis messages
- Cannot intervene in emergencies

Users must not expect crisis support through the platform.

6. User responsibility

You are responsible for:

- Your own wellbeing
- Your decisions
- Your interactions with others
- Seeking appropriate professional help

Neurish is not responsible for any harm resulting from reliance on user- generated content or peer discussions.

7. No liability for clinical outcomes

ExploreBuddy Ltd, its directors, employees, contractors, and moderators are not liable for:



- Emotional distress
- Mental health deterioration
- Misinterpretation of content
- Decisions made based on peer discussions
- Any outcomes related to health or wellbeing

This applies to all content on the platform.

8. Moderation limitations

Moderators:

- Are not clinicians
- Do not provide advice
- Do not monitor all content
- May remove content but are not obligated to review everything

Moderation is for community safety, not clinical oversight.

9. Changes to this Disclaimer

We may update this Disclaimer to reflect changes in law or platform features.

We will notify users of significant updates.

10. Contact us

If you have questions about this Disclaimer:

contact@explorebuddy.co.uk

This Policy is governed by the laws of Scotland. Any disputes will be handled by the Scottish courts.